



The Law Offices of Marc L. Shapiro, P.A.

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Part of the Team

How Many States Is Jeffrey Licensed In?

A

s I've discussed in the past, I make it my mission to find the right people. From our attorneys to the team running the office, every person here is the best at what they do.

This allows me to rest easy knowing that, even if I am not managing a case myself, my clients are always in good hands.

The newest lawyer in the office is Jeffrey Best, who joins us in sunny Florida after a long career up north. In his brief time with our firm, Jeffrey has already done great work and confirmed I made the right decision bringing him on. This month, I want to let Jeffrey introduce himself in his own words.

-Marc Shapiro

All my life, I have loved sports. Growing up, I was on almost every team at my school, but football was my best and favorite. I played offensive line, and I grew up working as part of a team. Being a lawyer and working at a firm always reminds me of being on the field. Cases aren't won by a lone attorney, no matter how smart they are. It takes a team working together to see their clients get the justice they deserve.

I've never been content to sit behind a desk pushing paper. I got into personal injury law because I saw that it was where I could do the most good. When people get into bad situations, they need help to make it out alright. They need someone who knows how to talk to a judge, interview doctors, and persuade a jury to achieve the best results they're entitled to. Plus, I enjoy

litigation. That's why you go to law school — so you can go to court and argue in front of a judge.

After graduating law school in 1995, I got my license to practice in Indiana and Illinois. I ran firms in each state for several years. Not long ago, my family relocated to Naples after my wife was offered a job in the medical field. After the move, I briefly switched gears in my career. But, it didn't last long, as I knew I needed to get back into law. It's what I'm good at and what I know how to do.

To practice law in Florida, I needed to retake the bar exam. It had been over 20 years since I'd been to law school, so sitting down to take that test again was more than a little intimidating. But I studied hard and passed. Now I'm here and raring to go. I joined Marc and the firm in June of 2018. Sometimes I feel like a brand-new lawyer but with 23 years of experience.

Things are a little different here in Florida, but I love it. We have great clients and an awesome staff. I look forward to seeing what this team can accomplish together.

-Jeffrey D. Best



Mom Really Does Know Best

3 Wives' Tales Proven True

"Make a face like that, and it'll stay that way forever." You may have heard something like this from Mom's book of wisdom. Maybe you never disputed the idea that mother knows best. But as you grew up, it slowly became clear that hair doesn't grow back faster and thicker if you shave it, cracking your knuckles doesn't cause arthritis, and gum doesn't stay in your stomach for months after you swallow it. After a whirlwind of wives' tales over the years, many common claims have been put under scrutiny. Wives tales have been known as pseudoscience and blind intuition, but even as many were disproved, some surprisingly proved to hold weight. Here are three wives' tales that have proven to be true.



Garlic Cures Colds

For decades, moms have professed the healing properties of garlic, suggesting it can cure colds and help the body fight sickness. It turns out they were absolutely right. Garlic has antiviral

properties that strengthen the immune system and nutrients that help combat illnesses. The effects of garlic can actually be more effective than over-the-counter flu medications. Some studies show that regular consumption of raw garlic lessens the likelihood of getting a cold, so if you feel a tickle in your throat, try a clove before you open the medicine cabinet.

Heartburn Means a Hairy Baby

It's hard to list wives' tales without bringing up one about pregnancy. Many are solely based on intuition, but a few that sound odd are legitimate. In 2007, a study done by Johns Hopkins attempted to debunk the myth that heartburn during pregnancy would mean a hairy baby at birth. Instead of proving it wrong, they found that 82 percent of women with severe heartburn during pregnancy gave birth to hairy babies. Turns out the hormones that cause heartburn in pregnant women also affect fetal hair growth.

Joint Pain Predicts the Weather

Did you ever look at your mom with skepticism when she would predict rain because her knees hurt? If so, you might owe your mom an apology, because there is a scientific connection. The drop in barometric pressure that's common during storm weather causes pain in arthritic joints.



An Easy Lifeline

3 Ways to Avoid Drunk Driving

We see a rise in DUIs during the holidays, but drunk drivers are a danger to Florida roads all year long. Due to the severe damage that can be done by a selfish individual who chooses to drink and drive, victims of an accident may be entitled to treble (triple) damages. Don't make a mistake that will result in a terrible accident. Check out these resources available to reduce drunk driving in Florida.

Uber or Lyft

If you plan on going out drinking, or you drink a little too much and don't have a way to get home safely, rideshare apps like Uber or Lyft allow you to request a ride without ever making a phone call. A nearby driver will come pick you up and drop you off wherever you want to go. Download Uber or Lyft on your smartphone through Google Play or the Apple App Store.

SaferRide

SaferRide is an app created by the National Highway Traffic Safety Administration. Designed to be easy to use when you're too drunk to walk a straight line, SaferRide allows you to call a cab with the tap of a button,



Peanut Butter French Toast

French toast is a staple for a weekend breakfast at home, but this version takes things to another level. Consider it a hybrid of French toast and PB&J. It's just as delicious as it sounds.

Ingredients

- 8 slices brioche, 1/2-inch thick
- 1/4 cup creamy peanut butter
- 2 large eggs
- 1/8 cup heavy cream
- 2 teaspoons pure vanilla extract
- 2 cups cornflakes
- 2 tablespoons unsalted butter
- 2 cups mixed berries
- Powdered sugar, to sprinkle
- Maple syrup, for serving

7 Mistake and a me of Regret Avoid Drunk Driving

reach out to a friend, and even determine your current location. SaferRide is a free app you can download through Google Play or the Apple App Store.

Dryver

Worried about leaving your car somewhere overnight? Dryver is a service that can help get you and your car home safely. If you can't drive home, their team will come out to drive you home in your own car. Sign up for Dryver before your night on the town at Dryver.com, or download the app on your smartphone.

These resources can help you enjoy a drink and avoid making a terrible mistake, but you can only be responsible for your own actions. If you're on the road and notice another motorist speeding, swerving, tailgating, or driving recklessly, be sure to keep your distance and call 911 to report any suspected drunk drivers.

Suffering an injury or losing a loved one in an accident caused by a drunk driver is a traumatic experience. If you are in an accident with a drunk driver, make sure you get the compensation you deserve. Call (239) 646-8050 so the team at the Law Offices of Marc L. Shapiro can help you.

Butter & nch Toast

Directions

1. On a large baking sheet lined with wax paper, place 4 slices of brioche and spread 1 tablespoon of peanut butter on each. Cover with remaining slices, creating sandwiches.
2. In a pie plate, beat eggs with cream and vanilla. In another, coarsely crush the cornflakes.
3. Lightly soak sandwiches in the egg mixture, then dredge in cornflakes, pressing to adhere. Return to baking sheet.
4. In a large skillet over medium heat, melt 1 tablespoon butter. Once melted and up to temperature, add sandwiches, cooking on one side until golden and crisp, about 2-3 minutes.
5. Return sandwiches to baking sheet, add remaining butter, and repeat on other side.
6. Top sandwiches with berries, sprinkle with powdered sugar, and serve with maple syrup.



How Are We Doing?

Not Another TV Attorney

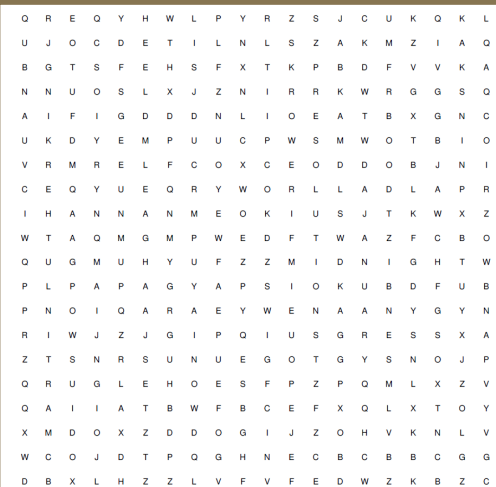
"We were in a very bad rear-end car accident while test-driving a new car. We didn't know any auto accident lawyer, so we hired an attorney in Naples based on a TV ad. After a year of no help from that law firm, we fired that useless lawyer and hired Marc Shapiro. He was very receptive to our needs and case. We also met Gerta, a paralegal in his firm. These two took over our case and helped us with all our medical and financial needs. They helped us like we were their own family. Needless to say, I would *strongly* recommend this law firm if an unfortunate accident happens. Both Gerta and Marc are the best. Thanks for everything you did for us."

-Aramis S.



Our mission is to help as many people as possible. Feedback from our clients lets us know how we're doing. Please tell us about your experiences by leaving a review on Google or on our Facebook page at Facebook.com/AttorneyMarcShapiro. Your support helps our mission to keep moving forward.

Word Search



AQUARIUS
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FREEZING
JANUARY
MARTIN LUTHER
KING JR.
MIDNIGHT
NEW YEAR
PIG
RESOLUTION
TOAST



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Who's Ready for Some Powder?

3 of the World's Greatest Winter Sport Destinations

The sound of the first carve through fresh powder is the anthem of all winter sports enthusiasts. Here are three of the world's best places to experience that powder you've been craving all year.

Breckenridge, Colorado

John Denver's anthem "Rocky Mountain High" is about the freedom he felt here. Where there are great mountains, there's even better snow. The ski resort boasts five peaks, 187 trails, 34 lifts, four terrain parks, and a renowned cross-country trail. After a day on the slopes, head into the town of Breckenridge for dining and activities that ditch the glitz and glamour of Vail or Aspen and take you straight to the heart of fun.



location's beauty is only part of your stimulating experience, because every curve of fresh powder makes your pupils dilate. Once you're done flying down the hill where Bode Miller took the bronze, head over to the winter wonderland of the old Olympic Village for a cozy night in a picturesque town.



St. Anton, Austria

If you want a great location for next year's Christmas card photo, there's no better place than the Tyrolean Alps. Nestled in a valley between perfectly molded mountains, the Austrian landscape provides a beautiful backdrop for your winter excursions. The densely wooded areas and the bright reflection of the snow frame the vibrant town that's just waiting to be explored. When you're ready for world-class runs, hop in one of the 11 gondolas and zip down the hills that hosted the 2001 Alpine World Ski Championships.



Whistler, British Columbia, Canada

A destination that looks like a cross between a Nordic paradise and Olympic-level runs, Whistler is filled with true magic, winter activities, and a town that captivates the senses. When you see the mountains of British Columbia, you'll understand why they hosted the 2010 Winter Olympics. The